

HEADTEACHER
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Thursday 13th November 2025

Y4HH Swimming Lessons – Ponds Forge International Sports Centre

Dear Parent/Carer,

As part of the Physical Education National Curriculum, all of the children from Year 4 will be going for a weekly swimming lesson (12 sessions in total) at Ponds Forge International Sports Centre (Sheaf Street, S1 2BP). **The children in Y4HH will be completing their block of swimming lessons first. Starting on Thursday 11th December and the final session will be on Thursday 26th March.**

We will be travelling to and from the venue by coach, which has been organised by the Sheffield Swimming Service. Our swimming lesson starts at 10.40am, so we will be picked up from Nether Green Junior School at approximately 10.00am. The lesson will last approximately 40 minutes, so we will be returning to school during our normal lunch hour. Therefore, your child will be able to have their school dinner or packed lunch in the school's dining hall. You are more than welcome to pack your child with an extra snack on their swimming day.

For the swimming lesson, your child will need to wear appropriate swimwear. Bikinis, surf shorts and cut-off jeans are not acceptable. Long hair must be tied back for lessons, or a swimming hat should be worn. Children are not permitted to wear any jewellery, including stud earrings. If your child is unable to remove any items of jewellery themselves, they will not be allowed in the pool. Therefore, ear piercings are not advisable as this could cause problems for your child's attendance in their lessons.

For safety reasons, children should not wear goggles. If, however, your child needs to wear them for medical reasons please ask at the school office for a form saying that you accept responsibility for any accident that may occur as a result of the goggles being worn. Without this form, your child will not be allowed to wear them. **For some of the activities, the children will need to be able to go in the water without goggles. This is due to water safety and the need to be comfortable in the water in all circumstances.**

For health and hygiene reasons, please note that, according to the swimming providers, swimmers with heavy colds, open sores or scabs will not be allowed in the water. We will take any medication that your child has at school with us to each swimming session. Should your child have asthma and they use an inhaler, we will also take this with us to the swimming baths.

Please give consent for your child to take part in these swimming lessons on Parent Pay. This needs to be completed prior to their first lesson on Thursday 11th December. We hope that this experience will be an enjoyable one for your child, and by the end of their 12-week block they will have developed their skills and confidence in the water.

Ahead of the first session, if you would like some further information about the Sheffield School Swimming Service, please follow the link below: <https://www.sheffieldschoolswimming.co.uk/info-for-parents/> Additionally, if you have any questions about swimming in Year 4, please do not hesitate to get in contact using this email address – y4@nethergreen-jun.sheffield.sch.uk

Yours faithfully,
Miss Horsefield



Artsmark
Silver Award
Awarded by Arts
Council England