



Medical Needs, First Aid and Allergy Information for Parents

We want to keep all children safe, healthy and included in every aspect of school life. Please take note of the following key points:

- **Nut and Sesame Free School:** Please do not send your child with any food containing peanuts, tree nuts, sesame seeds or products containing them.
- **Allergies and Anaphylaxis:** Pupils with severe allergies have Individual Healthcare Plans (IHCPs). Adrenaline-Auto Injectors (e.g. Epipens) are kept in school and staff are trained to use them.
- **Asthma:** All pupils with asthma must keep a labelled inhaler in school at all times. A spare inhaler is strongly recommended.
- **Medicines in School:** We can only accept prescribed medicines that are essential during the school day, in their original packaging, with written parental consent.
- **First Aid:** Qualified first aiders are on site every day. Minor injuries are recorded in school; parents are always contacted in the event of a head injury or serious incident.
- **Intimate Care:** Carried out with dignity and safeguarding in mind, and only where necessary as part of an agreed care plan.
- **Individual Healthcare Plans (IHCPs):** If your child has a medical condition that requires ongoing support in school (such as asthma, diabetes, epilepsy, or severe allergies), an IHCP will be written with you, your child, health professionals and school staff. This helps us keep your child safe and supported.

Individual Healthcare Plans (IHCPs) are reviewed **every year** (in September) and updated straight away if your child's needs or medication change. We will always involve you in this process.

If your child has a medical condition, allergy, or requires medication in school, please speak to the school office as soon as possible. Thank you for helping us to keep every child safe and supported.